



**SPRING 2025**

**Academy**

Registration is on [bedfordskatingclub.com](http://bedfordskatingclub.com)

All programming is at Greenfoot Energy Centre



**StarSkate**

**BSC & HSC MEMBER REGISTRATION: Wednesday, Mar.12 at 12:30pm**

**ALL OTHER CLUBS REGISTRATION: Monday, Mar.24 at 9am**

**REMEMBER TO CHECK WITH YOUR COACH BEFORE REGISTERING!**

**Skater & Parent behaviour**

All participants of BSC sessions must adhere to the Skate Canada Code of Ethics. Skaters and/or parents documented to be bullying (in-person and/or on social media), using inappropriate language, exhibiting inappropriate dressing room behaviours (i.e. taking pictures of other skaters, talking down to other skaters, leaving garbage on the benches and/or floor, displays of romantic relationships, etc.) and/or any other dangerous and/or disrespectful behaviour towards other skaters, parents and/or coaches will be addressed by coaches and/or BSC Board of Directors. Pending the severity of the behaviour(s), skaters and/or parents may be removed from the club

**LIGHTS, CAMERA, BLADES:**

A MUSICAL JOURNEY ON ICE

Join us Saturday, Apr.12 from 1-3pm for our Spring Ice Show! Partnering with Halifax Skating Club the show will feature over 100 skaters. Details on registration, fees, sponsorships, and practices will be sent to each group separately.

**Payment:** All payment must be made online. All sessions can be paid in monthly installments. A \$61.65 Skate Canada fee will be applied to all BSC home club skaters not already registered with Skate Canada.

**Skate Up/Down Requests:** Skate up/down requests must be approved by your coach and/or the club.

**Dressing Rooms/Warm-up Area:** **ONLY** skaters and coaches are permitted to enter the dressing room hallway. This is a safe sport factor in addition to ensuring enough space for skaters to properly warm-up without being interrupted and skaters having a place to socialize so it doesn't happen on the ice.

**Buy-ins:** Buy-ins are subject to open spaces. Payment must be made by 12:00pm the day prior on the BSC site. **Skaters must confirm with their coach prior to purchasing the space.**

**Off-Ice:** Off-ice is a key component of a skater's development and is **NOT OPTIONAL**. It helps ensure skater safety and better use of on-ice time. Please speak to your coach if you need to miss an off-ice session.

**Additional sessions:** BSC is proud to collaborate with Halifax Skating Club to offer additional sessions in a co-ordinated schedule to maximize ice time. Please check their brochure and speak to your coach about these sessions.

**Assessment Day:** Assessment Day for Star 5+ will be in mid-June. Exact days will be confirmed closer to the dates as per Skate Canada Nova Scotia requirements.

**Fundraising:** BSC has 2 ongoing fundraisers - Oliver's Labels and Sport Split 50/50. For Oliver's Labels please visit [oliverslabels.com/bsc](http://oliverslabels.com/bsc) for the club to receive 20% of your purchase total. For Sport Split please purchase your tickets at [rafflebox.ca/raffle/sportns/19](http://rafflebox.ca/raffle/sportns/19). Thank you for your continued support of our club.

**CanSkate Program Assistants:** CanSkate PAs are required for our Thursday and Saturday sessions. Details will be sent once registration is complete.

**Programming cancellation & changes:** BSC reserves the right to adjust programming (scheduling and/or cancellation) to meet operational requirements based on coaching, enrollment, weather, NS Health requirements, etc. There are no make-up days for cancelled sessions.



**Skate  
Canada**

## ACADEMY SYNCHRO

<ul style="list-style-type: none"> <li>- No synchro experience required</li> <li>- Participation in the 2024-2025 season is NOT required</li> <li>- NO 2025-2026 season commitment required</li> <li>- Additional fees will include: STAR Synchro assessment fee</li> </ul>		
<b>Saturdays</b> <b>1:20-2:20pm</b> 10 weeks Greenfoot Energy Centre	April 5, 19, 26 May 3, 10 June 7, 14, 21, 28* <i>No skating Apr.12 -            Club Ice Show</i>  <i>No skating May 17, 24, 31</i>  <i>June 28 is 10:30-11:30AM</i>	<b>\$170</b>

## ACADEMY BRONZE

<ul style="list-style-type: none"> <li>- Working on Star 2-3 assessments</li> <li>- and/or no Axel</li> </ul>		
<b>Thursday - Program Components Group</b> <b>4-5:20pm</b> <i>4-4:45pm on-ice; 4:55-5:20pm off-ice</i> 10 weeks Greenfoot Energy Centre	April 10, 17, 24 May 1, 8, 15, 22, 29 June 5, 12	<b>\$140</b>
<b>Saturday</b> <b>9-11:15am</b> <i>9-10:15 on-ice; 10:30-11:15am off-ice</i> 7 weeks Greenfoot Energy Centre	April 5, 19, 26 May 3, 10 June 7, 14 <i>No skating Apr.12 -            Club Ice Show</i>  <i>No skating May 17, 24, 31</i>	<b>\$125</b>

## ACADEMY SILVER/AXEL+ SILVER

<ul style="list-style-type: none"> <li>- Passed a minimum of 2 Star 2+ assessments</li> <li>- Working on Star 3-5</li> <li>- and/or working on Axel and low double jumps</li> <li>- Or approval</li> </ul> <p><b>Axel+ Silver: Must have been a Thursday F/W 2024-2025 registrant</b></p>		
<b>Thursday - Program Components Group</b> <b>4-5:20pm</b> <i>4-4:45pm on-ice; 4:55-5:20pm off-ice</i> 10 weeks Greenfoot Energy Centre	April 10, 17, 24 May 1, 8, 15, 22, 29 June 5, 12	<b>\$140</b>

<b>Thursday Axel+ - F/W 2024-2025 registrants</b> <b>*This session is for Axel+ members who were registered for the Fall/Winter 2024-2025 session only. New axel+ skaters will be invited pending registration</b> <b>5:30-7:50pm</b> <b>5:30-6:10pm off-ice; 6:25-7:50pm on-ice</b> 10 weeks Greenfoot Energy Centre	April 10, 17, 24 May 1, 8, 15, 22, 29 June 5, 12	<b>\$210</b>
<b>Thursday Package - PC group &amp; Freeskate 4-7:50pm</b> <b>4-4:45pm PC group on-ice; 4:45-5:30pm Break, 5:30-6:10pm off-ice; 6:25-7:50pm on-ice</b> 10 weeks Greenfoot Energy Centre		<b>\$350</b>
<b>Saturday 9-11:30am</b> <b>9-9:45am off-ice; 10-11:30am on-ice</b> 7 weeks Greenfoot Energy Centre	April 5, 19, 26 May 3, 10 June 7, 14  <i>No skating Apr.12 - Club Ice Show</i>  <i>No skating May 17, 24, 31</i>	<b>\$155</b>

## ACADEMY GOLD

<ul style="list-style-type: none"> <li>- Passed a minimum of two Star 5+ assessments</li> <li>- Star 6+/PreJuvenile+</li> <li>- Working on all doubles and triples</li> <li>- Or approval</li> </ul>		
<b>Thursday - Program Components Group 4-5:20pm</b> <b>4-4:45pm on-ice; 4:55-5:20pm off-ice</b> 10 weeks Greenfoot Energy Centre	April 10, 17, 24 May 1, 8, 15, 22, 29 June 5, 12	<b>\$140</b>
<b>Thursday 5:45-7:50pm</b> <b>5:30-6:10pm off-ice; 6:25-7:50pm on-ice</b> 10 weeks Greenfoot Energy Centre	April 10, 17, 24 May 1, 8, 15, 22, 29 June 5, 12	<b>\$210</b>
<b>Thursday Package - PC group &amp; Freeskate 4-7:50pm</b> <b>4-4:45pm PC group on-ice; 4:45-5:30pm Break, 5:30-6:10pm off-ice; 6:25-7:50pm on-ice</b> 10 weeks Greenfoot Energy Centre		<b>\$350</b>

# Bedford Skating Club progression map

-revision w/ details in development

