

BEDFORD SKATING CLUB WINTER 2017/2018 SCHEDULE

-ALL PROGRAMS-

Registration

All program registrations will be open on Monday, Aug.14 at 10am. Registration is done online through www.bedfordskatingclub.com

Qualifications

0-3	4-6	7-10	11+
-Has 0-3 test points -Competes Star 1 & 2	-Has 4-6 test points -Competes Star 3 & 4	-Has 7-10 test points -Competes Star 4 & 5 -Does not have an axel and/or a double	-Has 11+ test points -Competes Star 5+ -Must have an axel and/or a double
Examples of tests completed			
Star 1 skills	Star 2 skills	Star 3 free (a&b)	Star 5 free (a&b)
Star 1 free	Star 3 skills	Star 4 free(a&b)	Star 5 skill
Star 2 free (a&b)	Star 2-3a dance	Star 4-5a dance	Sr.Bronze+ tests
=3pts	3+3=6pts	Star 4 skill	10+2+=12+
		6+4=10pts	

Test point calculation:

Freeskate elements = 1/2 point per level completed

Freeskate program = 1/2 point per level completed

**i.e. 1 full level of Freeskate is worth 1 full point

Skills = 1 point per level completed

Dance = 1 point per dance group completed (i.e. Dutch Waltz, Canasta, Baby Blues; Swing, Fiesta, Willow), etc.

**Dance element tests do not receive a test point value

**Skaters outside of BSC can contact Becky at bedfordskatingclub@hotmail.com to confirm test points

Skate-Up/Down Requests

Skate-Up/Down requests must be submitted by coaches. Requests submitted by parents will not be noted. Requests are approved based on space available on the session requested, level of the requesting skater, level/speed of the registered skaters, lesson availability of the skater's coach, requesting skater age, and overall session safety. Requests are not approved based on order asked.

Synchronized Skating Interest

In our continued growth as a club, we are hoping to build a synchronized skating program. Practices would be during the AM with exact day(s) TBC. If you are interested in being a member of the team, please email Becky at bedfordskatingclub@hotmail.com

Pricing

Returning members will notice a price increase from last year. The new HRM pricing model has lead to our hourly fee increasing by about \$50/hr. There are also many significant changes in the overall schedule which lead to many sessions getting the equivalent of extra weeks of skating during the same length season as last year.

All BSC home club members will pay an additional \$40 Skate Canada fee & \$20 Sunsweep fee in addition to the fee listed on the brochure. The price listed for STARSkate Development & CanSkate includes these fees.

Payment

All STARSkate sessions (0-11+pts) can pay in up to 4 installments. All STARSkate Development skaters can pay in up to 3 installments. Payment can be done online with a credit card, by cash or by cheque.

Parent & Skater Code of Conduct

Parents & Skaters are expected to adhere to the Skate Canada & Club Codes of Conduct. The Codes will be posted to the BSC website for your review.

Cell Phone Policy

All cell phones are to be dropped off with coaches when skaters enter the rink. They will be kept in a safe, but accessible location. Skaters can access them should they need to check for a parent message, access skating music, video an element they are working on, or other reason approved by their coach.

SportWheels Partnership

BSC is proud to have a new partnership with SportWheels and support their Kids Play program which helps provide equipment & registration for children who would otherwise not be able to participate in sport. As part of the partnership, SportWheels has created a package for CanSkaters. Please visit our website or instore for more details!

STARSKATE (0-3 TEST POINTS) (or approval)		
DAY	SESSION TIME	SKATING DATES
Thursday \$550	<p align="center">4:00-5:10pm</p> 4:00-4:40 Freeskate 0-3pts 4:40-4:55 Skills 0-10pts 4:55-5:10 Dance 0-10pts *CanSkate is 6:05-6:50pm. Program Assistants are required and will receive PA credits	Sept.7, 14, 21, 28 Oct.5, 12, 26 (no ice Oct.19) Nov.2, 9, 16, 23, 30 Dec.7, 14, 21 Jan.4, 11, 18, 25 Feb.1, 8, 15, 22 Mar.1, 8, 22 (no ice Mar.15 – March Break)
Saturday \$550	<p align="center">10:00-12:00am</p> 10:00-10:30 Freeskate 0-3pts 10:30-10:45 Stroking 0-3pts 10:45-11:00 Skills 0-10pts 11:00-11:15 Dance 0-10pts 11:30-12:00pm Off-ice 0-3pts *Off-ice is mandatory as it helps further develop the skills practiced on-ice *CanSkate is 12:10-12:55pm. Program Assistants are required and will receive PA credits	Sept.9*, 16*, 23*, 30 Oct.7, 14, 28 (no ice Oct.21) Nov.4, 11, 25 (no ice Nov.18 – Fall Skate competition) Dec.2, 9, 16 Jan.6, 13, 20, 27 Feb.3, 10, 17, 24 Mar.3, 10, 24* (no ice Mar.17 – March Break) *Sept.9, 16 & 23, and Mar.24 are 10:00-12:30 (10-11:30am on-ice; 11:45-12:30pm off-ice)
ProEdge off-ice Tuesday \$186.30	<p align="center">7:00-8:00pm</p> Off-ice class with ProEdge Conditioning. Skaters will need club approval to attend & should confirm with their coach before registering. A winter term will be available pending interest.	Sept 19, 26 Oct 3, 10, 17, 24 (no session Oct.31) Nov 7, 14, 21, 28 Dec 5, 12
Element Dance off-ice -TBD	An off-ice class with Element Dance is being organized. Details will be shared as soon as they are available. Skaters should confirm with their coach before registering.	

STARSKATE (4-10TEST POINTS) (or approval)		
DAY	SESSION TIME	SKATING DATES
Thursday \$580	4:40-6:05pm 4:40-4:55 Skills 0-10pts 4:55-5:10 Dance 0-10pts Flood 5:20-6:05 Freeskate 0-3pts *CanSkate is 6:05-6:50pm. Program Assistants are required and will receive PA credits	*Sept.7, 14, 21, 28 Oct.5, 12, 26 (no ice Oct.19) Nov.2, 9, 16, 23, 30 Dec.7, 14, 21* Jan.4, 11, 18, 25 Feb.1, 8, 15, 22 Mar.1, 8, 22* (no ice Mar.15 – March Break) *All September dates, Dec.21 & Mar.22 are 4:50-6:20pm
Saturday \$550	10:45-2:00pm 10:45-11:00 Skills 0-10pts 11:00-11:15 Dance 0-10pts Flood 11:25-12:10 Freeskate 4-10pts 1:15-2:00pm Off-ice 4-10pts *Off-ice is mandatory as it helps further develop the skills practiced on-ice *CanSkate is 12:10-12:55pm. Program Assistants are required and will receive PA credits	*Sept.9, 16, 23, 30 Oct.7, 14, 28 (no ice Oct. 21) Nov.4, 11, 25 (no ice Nov.18 – Fall Skate competition) Dec.2, 9, 16 Jan.6, 13, 20, 27 Feb.3, 10, 17, 24 Mar.3, 10, 24* (no ice Mar.17 – March Break) *Sept.9, 16, 23 & Mar.24 are 11am-2pm (11-12:40pm on-ice; 1-2pm off-ice)
ProEdge off-ice Tuesday \$186.30	7:00-8:00pm Off-ice class with ProEdge Conditioning. Skaters should confirm with their coach before registering. A winter term will be available pending interest.	Sept 19, 26 Oct 3, 10, 17, 24 (no session Oct.31) Nov 7, 14, 21, 28 Dec 5, 12
Element Dance off-ice -TBD	An off-ice class with Element Dance is being organized. Details will be shared as soon as they are available. Skaters should confirm with their coach before registering.	

STARSKATE (11+ TEST POINTS) (or approval)		
DAY	SESSION TIME	SKATING DATES
Monday \$700	6:00-7:50pm 6:00-6:20 Skills/dance 6:20-6:40 Spins flood 6:50-7:35 Freeskate 7:35-7:50 Stroking (session breakdown may change if coaches decide a flood mid-session is not needed)	**Sept.11, 18, 25 Oct.2*, 16, 23, 30 (no ice Oct.9 – Thanksgiving) Nov.6, 13, 20, 27 Dec.4, 11, 18 Jan.8, 15, 22, 29 Feb.5, 12, 19, 26 Mar.5, 19*, 26* (no ice Mar.12 – March Break) **All September dates & Oct.2 are 5-6:50pm. Mar.19 & 26 are tentative as 5-6:50pm.
Wednesday \$650	6:50-8:20pm 6:50-7:10 Skills/dance 7:10-7:20 Spins 7:20-8:05 Freeskate 8:05-8:20 Stroking *CanSkate is 5:55-6:40pm. Program Assistants are required and will receive PA credits	**Sept.6, 13, 20, 27 Oct.4, 11, 18, 25 Nov.1, 8, 15, 22, 29 Dec.6, 13, 20 Jan.3, 10, 17, 24, 31 Feb.7, 14, 21, 28 Mar.7, 21*, 28* (no ice Mar.14 – March Break) **All September dates, Mar.21 & 28 are 6:05-7:50pm
ProEdge off-ice Tuesday \$186.30	7:00-8:00pm Off-ice class with ProEdge Conditioning. Skaters should confirm with their coach before registering. A winter term will be available pending interest.	Sept 19, 26 Oct 3, 10, 17, 24 (no session Oct.31) Nov 7, 14, 21, 28 Dec 5, 12
Element Dance off-ice -TBD	An off-ice class with Element Dance is being organized. Details will be shared as soon as they are available. Skaters should confirm with their coach before registering.	

METRO MASTERS (adult intermediate/advanced session – beginners w/ approval. Lessons booked through private coach)

DAY	SESSION TIME	SKATING DATES
<p>Wednesday \$600</p>	<p>8:30-9:50pm Session is open and does not have a specific breakdown</p>	<p>**Sept.6, 13, 20, 27 Oct.4, 11, 18, 25 Nov.1, 8, 15, 22, 29 Dec.6, 13, 20 Jan.3, 10, 17, 24, 31 Feb.7, 14, 21, 28 Mar.7, 21*, 28* (no ice Mar.14 – March Break)</p> <p>**All September dates and Mar.21 & 28 are 8:00-9:20pm</p>

STARSKATE DEVELOPMENT (2 day/week program. Skaters must be Stage 4+ or have an invitation)		
DAY	SESSION TIME	SKATING DATES
Wednesday \$600 *includes Wednesday & Saturday *includes \$40 Skate Canada fee *includes \$20 Sunsweep fee	5:00-5:55pm On-ice only. No off-ice class on Wednesday	Sept.6, 13, 20, 27 Oct.4, 11, 18, 25 Nov.1, 8, 15, 22, 29 Dec.6, 13, 20 Jan.3, 10, 17, 24, 31 Feb.7, 14, 21, 28 Mar.7, 21, 28 (no ice Mar.14 – March Break)
Saturday	12:15-1:50pm 12:15-12:45pm off-ice 12:55-1:50pm on-ice *Off-ice is mandatory as it helps further develop the skills practiced on-ice	Sept.9*, 16*, 23*, 30 Oct.7, 14, 28 (no ice Oct. 21) Nov.4, 11, 25 (no ice Nov.18 – Fall Skate competition) Dec.2, 9, 16 Jan.6, 13, 20, 27 Feb.3, 10, 17, 24 Mar.3, 10, 24 (no ice Mar.17 – March Break) *Sept.9, 16, 23 and Mar.24 are 12:50-1:50pm on-ice only (no off-ice class)

CANSKATE		
DAY	SESSION TIME	SKATING DATES
Wednesday \$350 *includes \$40 Skate Canada fee *includes \$20 Sunsweep fee	5:55-6:40pm	Oct.4, 11, 18, 25 Nov.1, 8, 15, 22, 29 Dec.6, 13 Jan.3, 10, 17, 24, 31 Feb.7, 14, 21, 28 Mar.7
Thursday \$350 *includes \$40 Skate Canada fee *includes \$20 Sunsweep fee	6:05-6:50pm	Oct.5, 12, 26 (no ice Oct.19) Nov.2, 9, 16, 23, 30 Dec.7, 14 Jan.4, 11, 18, 25 Feb.1, 8, 15, 22 Mar.1, 8
Saturday \$350 *includes \$40 Skate Canada fee *includes \$20 Sunsweep fee	12:10-12:55pm	Sept.30 Oct.7, 14, 28 (no ice Oct. 21) Nov.4, 11, 25 (no ice Nov.18) Dec.2, 9, 16 Jan.6, 13, 20, 27 Feb.3, 10, 17, 24 Mar.3, 10

CanSkate is a learn-to-skate program for skaters who are at least 4-years-old as of Sept.1 the year of registration (i.e Sept.1, 2017 for the 2017/2018 season). Skaters are group by age and level with a maximum of 10 skaters per group. Groups are led by trained program assistants and coached by Skate Canada Professional Coaches. Instruction is in a group format (one-on-one lessons are not available at this level).

Registered skaters must wear a certified hockey helmet. Face masks are highly recommended for beginner to Stage 3 skaters. Hockey or figure skates are permitted.

Questions should be directed to Becky Whalen, BSC Program Manager, at bedfordskatingclub@hotmail.com